



Whole School Curriculum Map - Key skills in PE- 2014/15

Year group	1: Autumn 1	2: Autumn 2	3: Spring 1	4: Spring 2	5: Summer 1	6: Summer 2
Cross cutting skill	<p>Games-Master the use of throwing and catching alone and in a team</p> <p>Gymnastics- develop balance, agility and co-ordination</p>	<p>Games- apply basic skills of throwing, catching, running and jumping in competitive games.</p> <p>Dance- Perform dances using simple movements/range of movements</p>	<p>Games- Participate in team games/competitive games using simple tactics involving attacking and defending</p> <p>Gymnastics- Develop flexibility, strength, technique, control and balance</p>	<p>Games- Use agility, technique, control and co-ordination to master basic actions.</p> <p>Dance- Perform dances using simple movements/range of movements Compare performances</p>	<p>Games- Take part in outdoor and adventurous activities which challenge individually and in a team.</p>	<p>Swimming- Swim competently, safely and using a range of strokes.</p> <p>Athletics- Develop flexibility, strength, technique, control and balance</p>
Whole school event		House competition- benchball	House competition- ultimate frisbee	Dance talent competition?	House competitions- kick rounder's/rounder's	Sports Day
Year Group						
1	<p>Gymnastics</p> <p>Games- throwing/catching</p>	<p>Dance</p> <p>Games- throwing/catching over a net</p>	<p>Gymnastics</p> <p>Games- rolling/sending/receiving</p>	<p>Dance</p> <p>Games- Racquet skills</p>	<p>Games- striking/fielding</p>	<p>Swimming</p> <p>Athletics in preparation for sports day</p>
2	<p>Gymnastics</p> <p>Games- throwing/catching</p>	<p>Dance- 3 little pigs</p> <p>Games- throwing/catching over a net</p>	<p>Gymnastics</p> <p>Games- bouncing/sending/receiving</p>	<p>Dance- Country Dancing</p> <p>Games- Racquet skills</p>	<p>Games- striking/fielding (eg kick rounders/scatter ball)</p>	
3	<p>Gymnastics</p>	<p>Dance- Egyptian Dance</p>	<p>Gymnastics</p>	<p>Dance- African /play dance</p>	<p>Games- striking/fielding</p>	<p>Swimming</p>
4	<p>Games- throwing/catching (eg ultimate Frisbee)</p>	<p>Games- throwing/catching net games</p>	<p>Games- Invasion games (eg basketball)</p>	<p>Games- Racquet skills (eg. Badminton/tennis)</p>		<p>Athletics in preparation for sports day</p>

5	Gymnastics- synchronisation/canon Games- throwing/catching (eg. tag rugby/volleyball)	Dance- Greeks? Games- throwing/catching (eg. Handball/netball)	Gymnastics- holes/barriers Games- Invasion games (eg football/basketball)	Dance- Indian Dance/Yin and yang Games- Racquet skills (eg. Cricket/tennis)	Games- striking/fielding (eg rounders)	Swimming Athletics in preparation for sports day
6						

Choice of sports/areas of gymnastics to be taught is down to individual year teams. I have listed some examples to show how existing plans can still fit in. The skills should form the focus/starting point and ideally act as a progression across year groups. If you would like support with rules for new/existing sports then please come and find me.

The 'core tasks' should still be included in units; I have these available if anyone needs a copy